

WHEN

Thursday, June 18th,
2009

WHERE

San Bernardino
Behavioral Health
Resource Center
850 East Foothill Blvd.
Rialto, CA 92376

TIME

Registration begins at
8:30 am; Training from
9:00 am—4:00 pm

6 CEU's for June 18th
for LCSW, MFT and AOD
Counselors

BBSE Provider #2190
CAADAC Provider
#4N-08-923-0610

Hosted by:
San Bernardino Dept.
Behavioral Health

Sponsored by Center
for Applied Research
Solutions (CARS)

Discussing Difficult Issues with Youth:

Crisis and Opportunity for Building Relationships

Facilitated by Dustianne North and Jerry Sherk

Workshop Description

This training event will focus on understanding youth culture as well as strategies for openly discussing difficult issues with young people in both individual and group settings. A non-authoritarian problem-solving approach is taken in which youth are empowered to make healthy and informed decisions.

The workshop will begin with an overview of youth culture and a discussion of the difficult issues facing youth today, including peer norms and media messages regarding drug use. Participants will explore the range of difficult issues that confront today's youth. Establishing trust and building a positive relationship with youth while discussing these difficult issues can be challenging. This capacity building workshop is designed to assist SDFSC program staff by providing concrete tips and strategies for engaging youth in open dialogue in both individual and group AOD prevention settings in ways that will continue to foster positive relationships with youth. Group discussion and hands-on activities will deliver applied strategies for working with and effectively communicating with youth.

This workshop will include detailed discussions regarding the following areas:

- An overview of youth culture
- Defining the three levels of Difficult Issues: "Delicate Topics" "Issues of Concern" and "Crises"
- Providing concrete tips and strategies for establishing communication skills and trusting relationships
- Hands-on exercises for building capacity to effectively discuss difficult issues with youth in both an individual and group setting
- Finding positive solutions and support to help youth, which may require immediate intervention

Register Online on clicking the below link or FAX Registration Form

<http://www.mypreventioncommunity.org/event/difficultissues0618>

About the Presenters

Dustianne North has been working in the field of youth prevention and mentoring since 1995, when she began building a mentor and volunteer program for the youth in foster care at the Florence Crittenton Center in Los Angeles. After creating the first mentor program to receive official approval from LA County agencies who govern foster care, Ms. North began providing training and technical assistance through CARS/EMT Associates for all types of prevention programs nationwide. Additionally, she has significant experience in the design and development of large-scale collaborative efforts to provide services for youth in foster care and on probation in Los Angeles County and other counties in California. She specializes in assisting programs that serve youth in distressed situations such as court-involved youth. Ms. North has now completed her M.S.W. at UCLA, and she continues to work toward her Ph.D. in Social Welfare, also at UCLA. As a trainer and consultant, she draws upon her experiences in prevention and mentoring, her clinical training as a social worker, her administrative expertise in designing curricula, her arts and culture background, and her experience as a trainer. This diverse scope of knowledge allows her to work with direct practice issues such as communicating with youth, as well as macro-level issues, program design, and interagency partnerships.

Jerry Sherk is a nationally recognized consultant for both youth and adult mentoring programs. Jerry has a master's degree in counseling psychology, and he is President and founder of Mentor Management Systems, of Encinitas, California. Over the past ten years, Jerry has provided workshops for hundreds of program staff, mentors and mentees, while helping over 200 mentoring programs to develop their operating systems. This experience has enabled Jerry to constantly improve methods for helping mentoring agencies come to scale more quickly and efficiently. Jerry is currently providing technical assistance for programs that serve gang-involved youth, foster youth, Department of Education grantees, Early Care and Education student-teachers, and adult ex-offenders. From 1970-1981, Jerry was an All Pro defensive lineman for the Cleveland Browns. For his service to his team, Jerry was recently honored as a "Cleveland Browns Legend."

Safe and Drug-Free Schools and Communities Technical Assistance Project Workshop-By-Request

Safe & Drug-Free
Schools & Communities
Technical Assistance Project
California's Governor's Program

Center for Applied Research Solutions

923 College Avenue, Santa Rosa, CA 95404

Phone: 707-568-3800

Fax: 707-568-3810



Registration Transmission

DATE:

TO: Maria Traylor

FAX: 707-568-3810

SENDER: _ _

SUBJECT: SDFSC TA Workshop-By-Request

Discussing Difficult Issues with Youth: Crisis and Opportunity for Building Relationships

June 18, 2009, San Bernardino County

Pages: 1 total

**Please submit your registration at least 7 days prior to the workshop date.
Please fax request to (707) 568-3810 or contact Maria Traylor at (707) 568-3800**

Name: _____	Title: _____
Organization: _____	County: _____
Address: _____ _____	City: _____
Zip: _____	Email: _____
Phone: _____	Fax: _____

Thank you for submitting your registration! We will contact you shortly.